

# THE SPOTLIGHT

Spotlighting healthcare-related educational topics that matter to you

March 2025



The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

[CLICK HERE](#)

## Meet our Patient Resource Working Group!

Patient Advocate Foundation is committed to creating educational materials that are straightforward, patient-friendly, and easily understandable. We want to give people the tools they need to talk to their providers and feel confident making health decisions together. Our learning materials will help them speak up for themselves and learn how to work with their healthcare team.

That is why we have established a small monthly working group of patients, caregivers, and others in the healthcare industry to review some of our materials to ensure clarity, patient focus, and actionable advice in our PAF-produced materials.

Our working group consists of four people: three women and one man. They range in age and all have different health insurance plans. Three are patients, and one is a caregiver and healthcare professional.

They live across the country, with two in suburbs, one in a city, and one in a rural area.

We have reviewed several materials so far, and we would love you to explore them. You can read these and others in our **Education Resource Library**:

- **Picking a Health Plan That Works For You**
- **Common Insurance Challenges with Medications**
- **Choose the Right Health Insurance For You**
- **A User's Guide to Health Insurance Marketplaces**
- **A Patient's Guide: Living With a New Diagnosis**
- **A Patient's Guide to Asking the Right Questions and Finding Support**
- **Making the Right Health Insurance Choice**

- **Understanding Your Workplace Benefits**
- **Why Health Insurance Is Important**

We are so grateful for the partnership of our Patient Resource Working Group and we are excited to continue our work together! Special thank you to Sandra Ericson, Robert Ettinger, Toni Kay Mangskau, and Lauren Mutz for your dedication to helping patients through your lived experience and expertise!

