

THE SPOTLIGHT

Spotlighting healthcare-related educational topics that matter to you

June 2024



The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

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We're Launching Three New Publications Aimed at Planning for Your Care



PAF is launching 3 new publications focused on the importance of making decisions and planning for your healthcare. *The Empowered Care Series* is a collection of three informative publications designed to help you navigate the important aspects of planning for your health needs. The sooner you start thinking about what your care needs may be long-term, the better. You can learn about what's available and make choices when you have the most options. By understanding your options and planning, you can ensure you receive the care you need while maintaining your independence for as long as possible.

Our new publications include:

A Quick Guide to Home Health Services:

Home health services provide medical care and support in the comfort of your home. These services are designed to help you recover from an illness or injury, manage chronic conditions, or receive end-of-life care. Home health services involve a wide range of medical care, tailored to meet your specific needs. This publication can teach you how to access home health services and the ins and

outs of the process.

The Long and Short of Long-Term Care:

Long-term care involves a range of support to help people who have difficulty managing daily tasks independently. These services address your health or personal care needs. This publication discusses common terminology, insurance nuances, and action steps regarding long-term care.

Planning for Your End-of-Life Care: You deserve end-of-life care that reflects who you are. Your background, beliefs, and traditions all matter when it comes to how you handle death and the dying process. Having a say in how your care is delivered and incorporating your wishes into your care plan can make a big difference in your experience throughout the end of life. This publication provides information, ideas, and considerations to help you create an end-of-life care plan.

We hope these publications will help you start to think about your future care needs! If you have suggestions for other publications you would like to see, please let us know! You can email us at

education@patientadvocate.org. Also, be on the lookout-- We are sending out a Patient Information and Resource Survey later this month. We would love your feedback on which topics interest you! We shape our projects and priorities using the input from this survey, so this is your chance to weigh in on what you would like to see! The survey will go out in multiple places, including our **Facebook**, our **Education Resource Library**, and our **email distribution list!** Check these locations later this month to share your voice!

