

# THE SPOTLIGHT

Spotlighting healthcare-related educational topics that matter to you

May 2024



The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

[CLICK HERE](#)

## What's New at PAF?

From program updates to new resources and upcoming changes, there are a lot of new things happening around PAF! We want to share so you can stay updated:

### CURRENT

#### CPR Fund Announcement

Starting May 1st, PAF's Co-Pay Relief program increases income limits to help more patients! This means more people can get financial assistance for medications. This change affects all CPR funds and will raise those with a 400% federal poverty guideline to a 500% guideline and those with a 300% guideline will now have a 400% federal poverty guideline. All other CPR patient eligibility requirements remain unchanged. Learn more and apply for help [here](#).

#### FAQ Tip Sheet

Check out our new tip sheet, [Be Better Prepared: Frequently Asked Questions from Patients](#). You will find clear answers from our experts to commonly asked healthcare questions and recommended resources for further exploration.

#### Advocates in Action Podcast

Join the inspiring conversations on NPAF's

podcast, *Advocates in Action!* In this season, we travel across the US to hear from patients, caregivers, and providers about shared decision-making in chronic illnesses. Learn from real experiences in Ruleville, Mississippi, Richmond, Virginia, and Los Angeles, California. This project, funded in part by the Danaher Foundation, explores what matters most to patients facing critical health choices. Listen [here!](#)

#### Advocacy Curriculum

NPAF offers new self-advocacy modules as part of the Advocacy Curriculum! These modules are designed to help you move through the healthcare landscape for yourself and your loved ones. Learn communication skills, how to effectively navigate the system, and advocate for better health outcomes. Find them [here!](#)

### UPCOMING

#### Policy Consortium

On May 16th, NPAF will host a virtual event, "Creating a Shared Future: Eliminating Bias in Treatment & Access." During this interactive meeting, we will explore healthcare disparities. We'll discuss how to bridge the gap between medical

advancements and unequal access for many. [Register for free now!](#)

#### Empowered Care Series

PAF is launching a new publication series called "Empowered Care" in May. This series will cover three important topics for people planning for future healthcare needs:

- A Quick Guide to Home Health Services
- PAF's Guide to Compassionate End-of-Life Planning
- Navigating Long-Term Care: Laws, Programs, and Eligibility

These resources will be helpful for anyone, as it's always the right time to plan for the future.

#### Resource Survey

Be on the lookout for our Patient Education Resource Survey! At PAF, we want to give you the information you need, delivered how you like it. Your feedback helps us do that. Thanks in advance for taking the time to complete the survey when it launches next month. As always, if you have an idea for a topic you would like to see, please contact us at [education@patientadvocate.org](mailto:education@patientadvocate.org)

