

THE SPOTLIGHT

Spotlighting healthcare-related educational topics that matter to you

November 2023



The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

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IS BIOMARKER TESTING RIGHT FOR YOU? EXPLORE PAF'S NEW RESOURCES



Biomarker tests analyze tissue or blood samples for the presence of specific differences that can provide insights into diseases like cancer. Medical treatment can be guided by biomarker testing, often called precision medicine. By identifying these biomarkers, cancer patients may be able to receive treatments they might not otherwise receive.

Why is Biomarker Testing important?

- It is common for targeted therapies to require patients to have biomarker testing.
- Out of all cancer drugs approved in the last five years, almost 60% suggest biomarker testing before use.
- Biomarkers can provide doctors with clues about how patients will react or respond to standard treatment options and help guide treatment decisions.
- Biomarkers and targeted therapies are driving more cancer clinical trials.

Since biomarker tests can make healthcare more precise and cost-effective, they can lead to better health outcomes and targeted treatments

for patients. PAF's latest collection of biomarker resources includes individual tip sheets with companion audio recordings to supplement our full-length Biomarker Guide.

Each tip sheet focuses on a single topic and offers concise, actionable information, with a "click to listen" option. The audio recordings are designed for auditory or on-the-go learners, while the tip sheets cater to those who prefer focused information, with the opportunity to reference additional information in ***Getting the Right Test at the Right Time: A Cancer Patient's Guide to Biomarkers.***

Find the new tip sheets here:

- **Biomarker References and Resources**
- **Types of Biomarker Testing**
- **Biomarker Treatment Options**
- **Questions to Ask Your Doctor About Biomarker Testing**
- **Health Insurance and Coverage of Biomarker Testing**
- **Clinical Trials and Biomarker Testing**
- **What is the Potential Financial Impact of Biomarker Testing on my Budget?**

Check out the new audio recordings here:

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We invite you to explore, use, and share these important new resources!

