

The Spotlight

Spotlighting healthcare-related educational topics that matter to you

The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

To learn more about our resources, **CLICK HERE**

You asked & we listened. Using questions our case managers get asked and analyzing our website keyword searches each month, we address what patients want to know now.

There's More to Your Story



National Library Week, acknowledged April 23-29, 2023, is an annual celebration highlighting the valuable

role libraries, librarians, and library workers play in transforming lives and strengthening our communities. While PAF doesn't have a physical library, our Education and Empowerment Department does maintain an online **Education Resource Library**. We create resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves. Our Education Resource Library houses our resources in an easy-to-navigate way and provides straightforward information in a variety of formats. Our goal is to help you make in-

formed decisions throughout your healthcare journey. Learn about your health insurance options including Medicare, Medicaid, and commercial options, Social Security Disability eligibility, managing out-of-pocket medical costs, and more by visiting our Education Resource Library today!

Every library is full of stories, and at PAF, we know that every patient story is unique. Learn more about the importance of telling your story in our Advocacy Curriculum [here](#). While we hope your journey is without bumps, you should arm yourself with knowledge should you face one of the most common patient challenges—a health insurance denial. Learn more about how to advocate for yourself and appeal health insurance denials [here](#).



As well, once diagnosed with a chronic or critical illness, you may experience some financial hardship or need to readjust your monthly budget to allow for new medical expenses. You may even need to seek outside support from local charities or national non-profit groups. Learn more about **locating financial assistance**, and how to **improve your chances of getting help**. These tip sheets also have accompanying audio recordings, for those that prefer to learn by listening, available [here](#) and [here](#).

