

# The Spotlight

Spotlighting healthcare-related educational topics that matter to you

**The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.**



You asked & we listened. Using questions our case managers get asked and analyzing our website keyword searches each month, we address what patients want to know now.

## Navigating Assistance Programs

If you have been diagnosed with a chronic or critical illness, you may find that the cost of care has a big impact on your finances. If you must reduce your work hours during treatment or recovery, you may need help paying your household bills. Or, if you can maintain employment while managing your diagnosis, you may incur medical expenses that exceed your monthly budget. Keep in mind that if you are struggling with household or medical bills that keep you from getting the care you need, you may be able to find help from a local or national organization.



We wrote two new tip sheets that will help you learn more about **locating financial assistance**, and

### how to improve your chances of getting help.

These tip sheets also have accompanying audio recordings, for those that prefer to learn by listening, available **here** and **here**.



Patient Advocate Foundation also created and maintains the National Financial Resource Directory. The Resource Directory allows users to seek help based on their individual needs. To conduct a search, choose the options that best match your



needs from drop-down menus. Selections include insurance status, age range, state, diagnosis category, and assistance type needed. Click search, and an exclusive list of resources is automatically generated. Visit us at **patientadvocate.org/financial** to search and learn more.

We are excited to be rebuilding and redesigning our National Financial Resource Directory! It is expected to launch later this year with a new design and new filtering options. Keep checking back at **patientadvocate.org/financial** to soon find an even better user experience!

