

The Spotlight

Spotlighting healthcare-related educational topics that matter to you

The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

To learn more about our resources, **CLICK HERE**

You asked & we listened. Using questions our case managers get asked and analyzing our website keyword searches each month, we address what patients want to know now.

A Look Back at 2022



As we close out 2022, it's a good time for reflection. We look back on all we have accomplished as well as the special populations we have highlighted throughout the year. We wanted to share some of those accomplishments with you!

January: This month's *Spotlight* discussed how to handle annual health insurance deductibles. We also wrote and released 2 tip sheets for our Migraine Matters patients. *Disability for Migraine Patients* and *After the Disability Application*

February: We highlighted cardiovascular patients in February's *Spotlight* for American Heart Month and showcased the *Matters of the Heart* project through an awareness campaign

March: We celebrated International Women's Day in our *Spotlight* by featuring our resources that help support women in getting the most out of their healthcare experience. We also launched a new tip sheet with National Patient Advocate Foundation, *Surprise Medical Bills-Frequently Asked Questions*

April: This month's *Spotlight* discussed Social Security disability

May: This month we translated our *Health Insurance Education Series* to Spanish. We also featured Emergency Services workers and gave some advice on how to navigate ambulance billing issues in this *Spotlight* issue

June: Migraine and Headache Awareness Month is recognized each June. We took part in this awareness month and promoted our *Migraine Matters* project in this month's *Spotlight*

July: We encouraged you to make use of your health insurance preventive benefits in this month's *Spotlight*

August: We did an audio recording of our *Negotiating Medical Costs* tip sheet. This month's *Spotlight* also recapped the Annual Patient Education Survey

September: We launched the newly redesigned *Education Resource Library!* Additionally, we shared some tips for getting the most of your health insurance in September's *Spotlight*

October: We updated Medicare and Marketplace publications with changes for Open Enrollment 2023 (*here*) (*here*) and (*here*) and discussed Medicare Open Enrollment in the *Spotlight*

November: We launched *The Lighthouse Series* surrounding the financial impact of a chronic or critical illness and promoted it in this month's *Spotlight*

December: We are looking forward to the newly rebuilt and redesigned *National Financial Resource Directory* in 2023!

Thank you for being here with us, for reading our materials, and for sharing them with your friends and family. Our goal is to be a resource to help you make sense of the healthcare journey, whatever stage you are in. We look forward to all we will achieve together in 2023!