

The Spotlight

Spotlighting healthcare-related educational topics that matter to you

The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.



You asked & we listened. Using questions our case managers get asked and analyzing our website keyword searches each month, we address what patients want to know now.

SPOTLIGHT JUNE: Migraine Matters

Patient Advocate Foundation’s mission is to help people with chronic and critical illness navigate the health system, and that includes people with headache disease diagnoses. In June we recognize Migraine and Headache Awareness Month, a month dedicated to raising awareness of Migraine and Headache Disease.



In 2018, PAF launched a new program, especially for patients who have headache and migraine disease called MIGRAINE MATTERS. This online widget houses lots of resources that patients can explore to learn more about their disease and how to manage it. You can think of it as a one-stop-shop for information on a lot of the big issues affecting people with migraine disease. MIGRAINE MATTERS aims to create educational resources to empower migraine patients and their caregivers and to be a conduit to all the best information from the experts in headache, migraine, and neurology.

The MIGRAINE MATTERS tool can be found on our website at www.patientadvocate.org/migrainematters and you can learn more about how to use the tool in our interactive walkthrough here: <https://bit.ly/3sLrgDQ>

Another part of the program is our MIGRAINE CARELINE, which is access to free case management support. You can get 1-on-1 support from PAF’s experienced Case Managers for complex issues like treatment and prescription access issues, navigating insurance processes and paperwork, affordability and out-of-pocket costs, workplace



protections, practical costs, and non-insurance issues impacting access, health insurance selection and walking through benefits, as well as connection to migraine resources and organizations. Case Managers work electronically and telephonically to support you step-by-step through issues and there is an online form for rapid case creation on www.patientadvocate.org/migrainematters

If you have Migraine disease or any other diagnosis, you can also find basics about how to find and use health insurance in our interactive Health Insurance Education series, now with new English and Spanish tip sheets here: <https://bit.ly/3l0ZcuU>

